

# The Great Fremantle Race

## GENERAL RULES

### Who can race?

Anyone and everyone should race. Spread the word to everyone you know.

### Does weather affect the race?

Absolutely not. The race goes off rain or shine, heatwave, blizzard, breeze or tornado. What does this mean? Two words: Be prepared! There is no bad weather, just poor wardrobe choices.

### What is this going to cost me?

Your dignity. Plus a cart full of groceries collected for St Patrick's Community Support Centre. One of the best things about the Great Fremantle Race is that there are tons of ways to participate and win. Find out how to earn points below.

### How do I register?

Please fill out the [Registration Form](#) and follow all instructions carefully. Don't jeopardize your chances of racing because you didn't read all of the instructions. Registration is limited to 20 cart teams (groups can register more than one team) and closes on **September 22**.

### What's the race route?

Racers assemble on William Street from 1pm onwards. You will be given your Race Order and approximate start time once you've been registered. Please arrive at least 30 mins prior to your start time to ensure you're ready to go. The first cart off the rank will start at 4pm, and each consecutive team will start in 4 minute intervals.

The attached map shows the route of the race – along William Street, around the Town Hall through Newman Court, and around to the finish line in Kings Square.

There will be obstacles and stop points along the way where the race teams will meet weird and wonderful challenges.

### What food should I donate?

Saint Patrick's Community Support Centre has provided the attached list of acceptable items. Note that there are bonus points for items suitable for their Christmas Hampers (see list). Any items provided that aren't suitable (i.e. are not listed) will be removed at the first stop-point weigh in – and alternative items will need to be provided before the race can continue (there is a supermarket conveniently close by).

### Can we drop off food in advance to Saint Patrick's Community Support Centre?

Yes! We have coordinated specific dates and times with St. Pat's. Please note if you have 130kg or more of food (or if you think you have more than 1 shopping cart worth of food) you may drop off items to an alternative location – which will be advised. If you have less, you must bring the items for donation at the race.

### Should we also wear costumes?

Absolutely. Definitely. Creativity is a huge part of this event! Wild costumes and wacky themes are not required, but wholly encouraged, and points will be scored for the best themes and costumes. The most important rule of the Great Fremantle Race is... fun is mandatory. It's epic. Pure street theatre.

Please be tasteful with your costumes, it would be super lame if your costume could be construed as offensive.

### I need to speak to an event staff member on the day of the event

The Great Fremantle Race is guided by a philosophy of mutual respect, and we expect all participants to abide by that philosophy. If you see something that looks out of place or if someone at this event makes you feel unsafe or unwelcome, please report it as soon as possible.

City of Fremantle Organisers will be on-site throughout the event and can be identified by their festival t-shirts. Feel free to tap a Race Volunteer (e.g. a Stop Point Manager or Race Marshall) on the shoulder if you need any help. If you want to make a report or give feedback online during the event, you may do so via [fremantlefestival.com.au/contact](http://fremantlefestival.com.au/contact). We will do our best to investigate all reports and take whatever action may be required.

Anyone who violates the philosophy of this event and makes others feel unsafe or unwelcome reduces the value of this event for all who participate. We really want you to have fun at the Great Fremantle Race. People like you make this day awesome. We're glad you're here.

## **RACING RULES**

### General Team Rules

- The core cart team is restricted to 5 people. The carts must be pulled doggie-sled style: four people in front with ropes pulling the cart (the Crew), and one person running behind the cart steering: **The Captain**. It is advisable for schools that the Captain is a responsible adult. The crew will be made up of the following roles – **The Navigator, The Quartermaster, The Surgeon and The Gunner**. This configuration represents the theoretically ideal power-to-steerage ratio of 4:1, and must be observed at all times.
- Crews and Captains are free to trade off at the stop points. All team members must finish together – no stray Skallywags! There will be marshalls along the route to ensure proper form, function, and of course, safety.
- In addition to the Captain and the Crew, each group will need a band of **Roving Minstrels** to accompany them around the course. Points will be allocated for the best music in the course.
- Finally the Captain, Crew and Minstrels can be also accompanied by a cheer squad – known as “**The Scaly Mates**”. There is no limit to the number of Scaly Mates – and points will be awarded to the best Scaly Mates crew.
- No assisted movement other than your own feet (sorry roller derby crew – we still love you).
- You must respect all local laws and ordinances, including those governing traffic, littering, dumping, alcohol consumption, and theft, for example.

### Can we try to prevent other teams from winning?

No.

### Can I SABOTAGE other teams?

No.

### The Great Fremantle Race is a food drive — 35kg per cart is required!

In addition to being an outstandingly fun time, The Great Fremantle Race is first and foremost a food drive. Your team must show up with 35kg of food or more to race in the Great Fremantle Race.

### Who has the final say?

The judges have final say over all the points earned, prizes and winners. This is complete and final. Judges have sole discretion over all points awarded or deducted, prizes awarded, which prizes are being awarded, race rules, all laws of physics, what time it is, and what happened in the past, all of which are subject to change without notice. See details of how points are allocated below.

### What are the Prizes?

\$500 prizes allocated to the top 4 points earners.

### When are the winners announced?

Racers will be judged on the day – and winners will be announced before 6:30pm on the main stage in front of the Fremantle Town Hall.

### Stop-points & Obstacles

Each team must complete the race route as shown on the route map. When you arrive at each stop point check in with the cart wrangler. They will explain the challenge to you. You will need to complete this challenge before moving on – and the clock will be ticking the whole time!

There are Obstacles and Stop points along the route are as follows:

- **Stop point #1 – The Weigh-in** – The Quartermaster’s Challenge – weigh your groceries as fast as possible – you need 35kg of valid groceries to continue. The Saint Patrick’s Scrutinizer will be watching! (get bonus points for hamper items!)
- **The Obstacle Course** – The Captain and the Navigator’s Challenge - a series of physical challenges the cart must be navigated through. The Captain is only allowed to push – and all other crew members can only pull – i.e. No reversing!
- **Stop point #2 – The Surgeon’s Challenge** – This could get messy.
- **Stop point #3 – The Dunk Tank** – The Gunner’s Challenge – must hit the target with a tennis ball launcher to dunk a Local Fremantle Celebrity.
- **The Finish line Slo-Mo** – the last 10 metres of the race will need to be conducted in slow motion. This is also where the judges will judge the merit of costumes, cart decoration and music. Points will also be allocated to the best Slo-Mo.

### Cart

Does my team need to bring its own shopping cart?

Yes you can – however some carts are being sourced that can be provided on loan. These carts will need to be returned in the same condition as they are provided – completely stripped of decoration/artwork.

### Modifying and Decorating your Cart

There are some rules — kind of like stock car racing. The following rules apply to all carts:

- All designs must be made with full regard to both safety and all relevant civil, criminal, and physical laws.
- All four “crew members” must pull the cart with ropes of some sort.
- You are not permitted to ride on your cart.
- Your shopping cart cannot be motorized, nor can you use any type of bike/pedal structure for propulsion.
- Your shopping cart must roll on at least 4 normal cart-sized rubber caster wheels.

The following rules apply participant owned carts:

- You can also chop up the cart and rearrange the pieces — but they all have to be attached somewhere else on the cart. All original pieces must be accounted for.

### Maritime Day – November 4– Pre-judging

The City of Fremantle will have a display area available for Race Carts at the Fremantle Port Maritime Day Celebration on November 4 (the day before the Race). You can find more information here

<http://www.fremantleports.com.au/Community/Pages/Maritime-Careers.aspx>

You are welcome bring your cart in to be displayed in all its glory at this event – where it will also have the opportunity (and possible advantage) to be pre-judged prior to the actual race day. Please indicate whether you would like to take up this option on your registration form.

## **ST PATRICK'S COMMUNITY SUPPORT CENTRE**

### **DONATION LIST**

- Flours – plain and self-raising
- Powdered stocks – beef, chicken and vegetable
- Coffee
- Tea
- Hot chocolate
- Powdered gravy
- Evaporated milk
- Long life milk
- Powdered milk
- Gravy mix
- Tins of baked beans, spaghetti
- Dried Pasta – all kinds
- Sugar
- Tinned fruit and vegetables (potatoes, peas, carrots, corn)
- Tinned soups
- Tinned tomatoes
- Tinned tuna
- Passata
- Long life custard

### **Other items**

- Thongs
- Deodorant (mens or unisex)
- Socks
- Men's undies (all sizes)
- Shampoo
- Soap
- Toothpaste and tooth brushes
- Towels (used are fine)
- Sleeping bags (used are fine)
- Hats
- Sunscreen
- Combs

### **Christmas Hamper Items (For bonus points!)**

- Cans of Peas
- Cans of Beetroot
- Cans of whole baby potatoes
- Gravoxy Gravy
- Foster & Clarks long life vanilla custard
- Plumrose tinned ham
- Tin of Salmon
- Pack of Shortbread
- Aunt Bettys Steamy Puddings (any flavour)
- Soft Drink cans

## ALLOCATION OF RACE POINTS

### Race Points

- First place - 15
- Second place - 10
- Third place - 5
- Completing the course - 5
- Largest weigh-in - 10
- Saint Patrick's Bonus Points - 1 per bonus item - to a maximum of 10  
(These are for specific items on the St. Patrick's Christmas Hamper list)

### Judged Points

- Cart art merit - score out of 20 - judged
- Costume - score out of 20 - judged
- Music - score out of 20 - judged

### Bonus points

- Most Ridiculous theme - 10 - applied to just one group - judged
- Best Scaly Mates - 5 - applied to just one group – judged
- Best Slo-Mo – 5 - applied to just one group – judged

**Max possible - 120 Points**

## BUSINESS PARTNERSHIPS

### No to Sponsors, Yes to Partnerships

- Why have no sponsors? Why allow partnerships? What is the difference?
- Sponsors tend to be more financially invested in an event and want to have their own advertising and even a say in how your event should or should not be run.
- Partnerships however, just believe in supporting your cause, and will donate to your event with no strings attached.
- The Great Fremantle Race aims to be a non-sponsored event, but wishes to nurture many partnerships. This means even those donating their talents or goods to the event do not get to brand, have flags, or put their logo all over the event. Partners can be proudly recognized on our web page (complete with logos and links), but are not wallpapered nor included in any merch or press.
  - Recognition for partnerships
    - On [www.fremantlefestival.com.au](http://www.fremantlefestival.com.au)
    - Social media acknowledgement
- Food Drive Partnership  
Our Food Drive Partner for this event is **Saint Patrick's Community Support Centre**.
  - Details for early drop-off of excess groceries collected will be provided soon.

### You can source your own partners!

Getting businesses to donate to your Race Cart entry can be a very time consuming process. Starting with local businesses you already have a personal relationship with is a great start. You need to not only be willing to make phone calls and send emails, but also to put in foot work, going from business to business along the way. There are a few things you will want to have/do:

- A professional e-mail address
- A letter of what specifically you are looking for. (see the Saint Patrick's Donations List above) The more specific you are the easier it will be for a business to donate. Include the Who, What, Where, Why and When.
- Allow plenty of time and know your local businesses
- Be ready to follow up.
  - Don't just hope they will contact you.
  - Get the manager/owners name